

PASSION OF BEING

by Vasanti

Your journey into love, the body
and the depths of being

**5.-7.9.2025 KNIPNÄS
TAMMISAARI, FINLAND**

**A transformational tantric weekend
for singles and couples to explore
intimacy, sexuality and the deeper layers of connection.**

Welcome to a unique tantric retreat – a journey into passion, presence, and truth. This weekend is an invitation to deep being – to sensuality, connection, and the essence of who you truly are. During the retreat, we will dive into the intimate core of our humanity: into the layered world of pleasure, its power and shadows, and the possibility of uniting love, sexuality, and spirituality into one flowing, integrated life force.

The retreat is led by French tantra teacher Vasanti, who brings decades of experience in tantra, somatic psychotherapy, and a deep understanding of the human psyche. This will be Vasanti's only retreat in Finland in 2025 – a unique opportunity to experience her guidance in all its strength, softness, and clarity.

The retreat is open to individuals and couples – no previous experience in tantra is required. All you need is the willingness to explore yourself with honesty and love and the courage to step closer to your vital life force.

**Book your place now – this could be one of the
most meaningful investments of your life.**

**Vasanti's only retreat in
Finland in 2025!**

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Practices & Approach:

We will work through a variety of methods: tantric practices, breathwork, movement, touch, rituals, embodiment, and meditation – all designed to bring you home to your body’s wisdom.

We create a sacred and safe space where you can meet yourself authentically and be seen just as you are – without pressure, expectations, or performance.

Vasanti guides the process with clarity and compassion. All exercises take place in a respectful and held atmosphere, with full attention to your boundaries and personal needs.

This retreat is for you if you feel the call to:

- Deepen your connection with yourself, your partner, or life itself
- Understand the dynamics of your relationships and your attachment style
- Release physical or emotional blocks that limit your vitality and presence
- Find a more authentic and conscious way to love and live
- Integrate body, sexuality, heart and consciousness
- Open to pleasure, truth and intimacy in a safe space
- Root into your life force and find your unique place in the world

**“Our greatest freedom is to feel. To vibrate.
To live through our whole body.”**

Welcome
to join us!

During the weekend, we will explore:

- How relationships with ourselves and others begin
 - and how true connection can deepen
- The role of intimate relationships as mirrors for vulnerability, longing and growth
- The gap between sexuality and emotional connection
 - and the bridges between them
- How to express your truth and needs honestly and safely
- Embodied presence, the flow of vitality and the experience of sacred sexuality
- Spontaneity, pleasure and the freedom to be your true self
- Sexual energy as a healing and consciousness-expanding force
- Integrating spirituality into everyday life – bringing it into the heart of living



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DATE: September 5–7, 2025, Fri 17:30 – Sun 17:00

LOCATION: Knipnäs, Tammisaari knipnas.fi

The workshop is held in English (with partial translation into Finnish if needed). You don't need to speak fluent English, but basic understanding of instructions is helpful.

PRICE: €340 Early Bird (until July 15) / €380 regular price

Special price for couples or friends registering together (one male and one female):

Early Bird €310 per person (until July 15) / Regular price €350 per person

The price includes a non-refundable booking fee of €80 (in case of illness, your spot can be transferred to someone else). The second part of the payment (for Early Bird) will be collected closer to the event.

ACCOMMODATION & MEALS: At Knipnäs in cozy 3–4 person rooms. Delicious vegetarian food, special diets are taken into account. €195 / person. Single room supplement: €70. Private room for couples. Knipnäs fee is paid closer to the event.

REGISTRATION: Email: meandweflow@gmail.com or phone: +358 40 555 3271
Marika Madini Yliluoma – feel free to ask for more info

Limited spots available – reserve your place early!

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Véronique Vachet Vasanti

is a French internationally respected tantra teacher, mother of three, and an experienced body-oriented therapist. She has been guiding groups across Europe for over 20 years. Her work is deeply rooted in Wilhelm Reich's original body therapy, character analysis (Vegetotherapy) and certified Sexual Grounding Therapy – a method that explore sexuality in the context of the relation.

Vasanti also worked closely with Margot Anand as a facilitator for the “Ecstasy and Love” trainings until 2014. In addition to France, she leads workshops in Estonia, Finland and at the Ibiza Tantra Festival.

She has a unique ability to combine the sacred essence of tantra with therapeutic precision and deep somatic grounding. Her teachings bridge the psychological, physical, and spiritual realms in a way that supports profound transformation and more authentic relationships.

She is especially passionate about intergenerational work, which led to the creation of the Impulse Festival in France in 2019 – the first international tantra festival for the new generation. Vasanti's presence is grounding, gentle, and direct. She holds a space where you can safely meet your vulnerability and step into deeper connection with yourself and others.





Feedback from Vasanti's previous retreats in Finland:

“The retreat provided an excellent opportunity for self-reflection and gaining new perspectives on ourselves. We were genuinely impressed by the diverse workshops and the unique approach to working, which many had not experienced before. We sincerely hope that Vasanti will return to Finland to shed light on new perspectives and opportunities for exploring oneself on the path of spiritual growth.”

“The course was absolutely AMAZING! In a way, words don't even suffice to describe the experience, but I'll try... My partner and I came with a curious excitement that was palpable. Vasanti was a FANTASTIC instructor; she led the tantric workshops with incredible skill. The weekend was filled with immense emotional upheaval, wonderful encounters, deepening of our relationship, and lovely touch. The breaks and sharing sessions structured the activities well, allowing for sufficient pauses amidst the intense work. My heart is full of gratitude for getting to experience such an incredible workshop in Finland!”

“I want to thank you from the depths of my soul for this piece of heaven you guided me to with this retreat. The heaven I have inside of me, with me. You so wisely and forcefully guided me to see a glimpse of my true self for the first time in my adult life. And I fell deeply in love with myself. This love I will nurture, cherish and teach my children as well. This is a gift so great; I will never forget it; I will never forsake myself again. Please go and keep giving this gift to as many people as possible! One day I can do it too.”

“The instructor was incredibly insightful, I could easily surrender to the support provided. I appreciated how the course delved directly into emotions, experiences, and more. Vasanti's precision and experience in constellation-like work were truly impressive. It felt like there was a lot of reflection on one's own shadow aspects within the group, even if one wasn't the direct focus of the work. The weekend was an excellent package! There's a lot to digest and work through from the course for a long time. It's a highly effective illumination of challenges within relationships. Vasanti has a gentle heart and impeccable professionalism.”